



DIRECTIONS TO THE HILTON STAMFORD HOTEL
One First Stamford Place, Stamford, Connecticut 06902 Tel: (203) 967-2222

MANHATTAN, SOUTHERN CONNECTICUT AND WESTCHESTER

Follow New England Thruway (I-95) North to Exit 7 (Greenwich Avenue). At the light make a right and an immediate right into First Stamford Place. Drive straight up the hill to the stop sign and the hotel is right in front of you. Travel time: Approximately one hour from Manhattan.

J.F.K. Airport

Follow Van Wyck Expressway (Rte. 678 North) onto Whitestone Expressway. Continue over the Whitestone Bridge onto the Hutchinson River Parkway North to the New England thruway (I-95 North) to Exit 7. At the light make a right and an immediate right into First Stamford Place. Drive straight up the hill to the stop sign and the hotel is right in front of you. Travel time: Approximately one hour.

LAGUARDIA AIRPORT

Follow Grand Central Parkway East to Whitestone Bridge. Take the Hutchinson River Parkway North to the New England Thruway (I-95 North) to Exit 7. At the light make a right and an immediate right onto First Stamford Place. Drive straight up the hill to the stop sign and the hotel is right in front of you. Travel time: Approximately one hour.

NEWARK INTERNATIONAL AIRPORT

Follow the New Jersey Turnpike North to the George Washington Bridge. Take the New England Thruway (I-95 North) to Exit 7. At the light make a right and an immediate right into First Stamford Place. Drive straight up the hill to the stop sign and the hotel is right in front of you. Travel time: Approximately one hour and thirty minutes.

WESTCHESTER/WHITE PLAINS AIRPORT

Take Rte. 684 South to Cross Westchester Expressway (287 East) to the New England Thruway (I-95 North) to Exit 7. At the light make a right and an immediate right into First Stamford Place. Drive straight up the hill to the stop sign and the hotel is right in front of you. Travel time: Approximately 25 minutes.

NORTHERN CONNECTION ON NEW ENGLAND THRUWAY

Follow I-95 South to Exit 6 (West Avenue). At the end of the ramp turn left. Go under the I-95 overpass. At the next light make a left and get back onto I-95 going North. Get off at Exit 7 (Greenwich Avenue). At the light make a right and an immediate right into First Stamford Place. Drive straight up the hill to the stop sign and the hotel is right in front of you.

THE MERRITT PARKWAY

Follow to Exit 34 (Long Ridge Road). At the end of the ramp follow Rte. 104 South for two miles. Turn right onto Rte. 137 (Cold Spring Road). Follow Rte. 137 to Washington Boulevard down to Rte. 1 (Tresser Boulevard). Make a right onto Tresser Boulevard. Take the second left onto Greenwich Avenue. Go straight under the I-95 overpass. Turn right onto First Stamford Place. Drive straight up the hill to the stop sign and the hotel is right in front of you.

MANHATTAN BY TRAIN

From Grand Central Station take Conrail-New Haven line to Stamford Train Station. Traveling time: Approximately 50 minutes.